



S T A R T E R S

Yam Fries 7
cayenne aioli
VEGAN, GLUTEN FREE

Seasonal Soup 4.5
ask your server about the soup of the day

Crispy Fried Brussel Sprouts 10
sherry vinaigrette, parmesan, toasted garlic
AVAILABLE VEGAN, GLUTEN FREE

Avocado Toast 11
Macrina seeded baguette, chunky avocado, almonds, pickled beets, pistachio nigella sesame drizzle
VEGAN, CONTAINS PISTACHIOS

Crispy Artichoke Croquettes 12
served with cayenne aioli
VEGAN, GLUTEN FREE

Hummus Platter 12.5
hummus drizzled with sumac oil, marcona almonds, marinated olives, cucumber, mama lil's peppers & house pickled vegetables
VEGAN, GLUTEN FREE, CONTAINS MARCONA ALMONDS
(add grilled pita \$1)

PNW Quesadilla 13
farmer's market vegetables, avocado, cheddar & smoked mozzarella, snappy sauce, lime sour cream

E N T R E E S

Floret Grain Bowl 18
seasonal roasted vegetables, spinach, tri-colored quinoa, lentils, brown rice, tamari, crispy sriracha tofu
(add fried egg for \$2)
VEGAN, GLUTEN FREE

Oaxaca Tacos 19
corn tortillas filled with cheesy mashed potatoes, served with black bean stew, smoky braised greens, avocado, fire roasted salsa & lime sour cream
GLUTEN FREE

Pale Ale and Aged Cheddar Mac n Cheese 17
pale ale cheddar sauce, broccolini, gemelli pasta, herbed bread crumbs

Floret by Cafe Flora is committed to partnerships with local farms & vendors to provide you fresh, sustainable vegetarian & vegan fare while highlighting the natural bounty of the Pacific Northwest.

S A L A D S & S A N D W I C H E S

Caesar Salad 8/12
baby kale, herbed croutons, parmesan, fried capers
AVAILABLE VEGAN & GLUTEN FREE

Superfood Salad 16
kale, spinach, cabbage, broccoli, carrot, dried cranberries, chia seeds, almonds & cilantro citrus vinaigrette
VEGAN, GLUTEN FREE, CONTAINS ALMONDS

Mixed Green Salad 8/12
local greens, cucumber, radish, sunflower seeds, balsamic vinaigrette
VEGAN, GLUTEN FREE

Black Bean Burger 17.5
grilled black bean burger, mama lil's pepper aioli, chunky avocado, field greens, served on a soft potato roll, served with choice of green salad or yam fries
(add cheddar \$1, gluten free roll \$2)
AVAILABLE VEGAN OR GLUTEN FREE, CONTAINS ALMONDS

Portobello Mushroom French Dip 17.5
portobello mushrooms, caramelized onions & swiss cheese on a seeded baguette with mushroom garlic au jus, served with choice of green salad or yam fries
(gluten free roll \$2)
AVAILABLE VEGAN OR GLUTEN FREE

BBQ Jackfruit Sandwich 17.5
barbequed jackfruit topped with creamy coleslaw on a soft potato roll, served with choice of green salad or yam fries
(add cheddar \$1, gluten free roll \$2)
AVAILABLE VEGAN OR GLUTEN FREE

D E S S E R T S

Coconut Cake 9.50
coconut almond filling, mango coulis
VEGAN, CONTAINS ALMONDS

Chocolate Mousse 8.50
coconut whipped cream, cocoa nibs
VEGAN, GLUTEN FREE

please inform your server of food allergies or dietary restrictions before ordering

*consuming raw or undercooked eggs may increase your risk of food borne illness

Please come visit us at our Madison Valley location
2901 EAST MADISON ST. / SEATTLE 98112

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