



STARTERS

**Cinnamon Roll** 7.5  
*baked fresh every morning with caramelized sugar, maple toasted pecans & vanilla icing*  
 VEGAN, CONTAINS PECANS

**Avocado Toast** 11  
*Macrina seeded baguette, chunky avocado, almonds, pickled beets, pistachio nigella sesame drizzle*  
 VEGAN, CONTAINS PISTACHIOS

**Yam Fries** 7  
*cayenne aioli*  
 VEGAN, GLUTEN FREE

**Overnight Oats** 8.75  
*served chilled with blueberries, mango coulis, toasted almonds*  
 VEGAN, GLUTEN FREE, CONTAINS ALMONDS

MAINS

**Breakfast Platter** 15.5  
*eggs or seasoned tofu, crispy potatoes or cheesy grits & garlicky greens*  
 GLUTEN FREE, AVAILABLE VEGAN  
 (sub fruit for \$2)

**Forager Scramble** 17  
*eggs or seasoned tofu, wild mushrooms, butternut squash, kale and herbed goat cheese, served with choice of side*  
 GLUTEN FREE, AVAILABLE VEGAN

**Chilaquiles** 17  
*eggs or seasoned tofu scrambled with crispy spiced tortilla chips, topped with creamy avocado, corn relish, cotija, lime sour cream, snappy sauce, served with black beans*  
 GLUTEN FREE, AVAILABLE VEGAN

**Floret French Toast** 15  
*thick sliced brioche topped with spiced pear compote, blood orange coulis, toasted almonds*  
 CONTAINS ALMONDS

**Biscuits & Gravy** 14  
*housemade rosemary biscuits, mushroom country gravy*  
 VEGAN, CONTAINS ALMONDS

**Brioche Breakfast Sandwich** 16.5  
*scrambled eggs & cheddar cheese, chunky avocado, tomato and cayenne aioli served with choice of side*

**Black Bean Breakfast Burrito** 16  
*flour tortilla, eggs or seasoned tofu, black beans, avocado, potatoes, corn salsa, lime sour cream & fire roasted tomato salsa*  
 AVAILABLE VEGAN, AVAILABLE GLUTEN FREE (as a bowl)

**Southern Platter** 17  
*eggs or seasoned tofu, garlicky greens & a housemade rosemary biscuit with mushroom country gravy*  
 AVAILABLE VEGAN, CONTAINS ALMONDS

**Floret Grain Bowl** 18  
*seasonal roasted vegetables, spinach, tri-colored quinoa, lentils, brown rice, tamari, topped with your choice of eggs or seasoned tofu*  
 GLUTEN FREE, AVAILABLE VEGAN

SIDES

**Crispy Potatoes** 4.50  
**Cheesy Grits** 4.50  
**Toast with Butter & Jam** 3.25  
**Garlicky Greens** 5  
**Seasonal Fruit** 4.50

Floret by Cafe Flora is committed to partnerships with local farms & vendors to provide you fresh, sustainable vegetarian & vegan fare while highlighting the natural bounty of the Pacific Northwest.

*please inform your server of food allergies or dietary restrictions before ordering*

*Please come visit us at our Madison Valley location  
 2901 EAST MADISON ST. / SEATTLE 98112*

*\*consuming raw or undercooked eggs may increase your risk of food borne illness*

*Follow along on Instagram  
 @FLORETSEATTLE / @CAFEFLORAVEG*